

Addressing Barriers to Care: Insights to Understanding Caucasian Patients



Understanding patient perspectives can be beneficial in helping them achieve optimal outcomes related to their healthcare journeys. That is why Boston Scientific initiated an audience market research study in order to gain a better understanding to the types of healthcare barriers women and people of color often face. To better help you meet the informational needs of your patients, this resource is compiled from quantitative and qualitative survey results from people who identified as being Caucasian. In addition to showing where their barriers to care may exist, this also includes communication preferences as these insights may help with your follow-up communications, appointment reminders, wellness information and treatment awareness.

HISTORY OF SURGERY

AVERAGE SURGERIES

Highest average number, compared to Hispanics and Blacks 74% have different kinds of surgeries than the below

ORTHOPEDIC



HEART-REI ATED

GALLBLADDER

HYSTERECTOMY

POSTPONE SURGERY AS LONG AS POSSIBLE







GENERALLY AFRAID

BARRIERS TO CARE

SOMETIMES FACE BARRIERS



1 **28%** say current health conditions prevent them from finding or receiving care



2 **27**% sav they are limited to care due to healthcare and/ or insurance costs



3 **21**% say there are a lack of specialists in their location

WHAT COULD HELP?

We connected directly with 137 Caucasian men & women via a quantitative digital survey and these were their top 5 prioritized healthcare needs.



EMAIL DOCTOR'S



ONLINE VISITS



WEEKEND **APPOINTMENTS**



TEXT DOCTOR'S



ON-CALL NURSE FOR QUESTIONS

CLINICAL TRIAL OPPORTUNITIES

HAVE NEVER BEEN ASKED 12% have participated in clinical trials



are somewhat likely to participate in a future clinical trial



of them aren't sure it would help

21%

find it may be an inconvenience



Addressing Barriers to Care: Connecting with Caucasian Patients



INFORMATION NEEDS

10%

SOMEWHAT UNSATISFIED

with the information they receive from their doctor

79%

FIND INFORMATION ON WEBMD™

and more than half prefer to find websites about their condition



via email and print take-home materials





TECHNOLOGY USE



96%
USE A
SMARTPHONE

 \triangleright

87%

USE SMARTPHONE TO ACCESS INTERNET



UP **78**%

USE SMART DEVICES FOR ≤2 HOURS/DAY

41% use smartphones for 3-6 hours/day



84%

USE TELEVISION REGULARLY

Higher than average, compared to Hispanics and Blacks



WATCH TELEVISION FOR 3-6 HOURS/DAY

INFORMATION SOURCES



SOCIAL MEDIA SOURCES

An above average 96% use Facebook, and very little else

Up to 78% use social media to connect with friends and family

70% USE SOCIAL MEDIA

4+ HOURS/WEEK



96% INTERNET

NEWS / INFORMATIONThey spend most their time visiting Google, ABC, CBS or NBC

Below average numbers visit CNN, Yahoo and Wikipedia



47%
ARE ONLINE
4+ HOURS/WEEK



56% read the local newspaper

Many pay attention to food, entertainment, travel and science

Learn more at www.fightforhealthequity.com

